

*ME, LOCKDOWN AND NATURE*

**By Dr. Savita Punjabi**

Without alarm snoozing, A relaxed morning wakeup,  
Birds sweet chirping gives a real mind shakeup.

Unpolluted trees look soothing, green and clear,  
As if someone washed it from a washing center near.

First Lockdown enjoyed with all the dishes new,  
A reopening hope kept me busy completing work due

Came the Second Lockdown with a sigh of relief,  
I will take rest now else coming busy days will be grief.

Third Lockdown started with sweet mango summer moments,  
Habituated to home with original life and happy environment

Fourth Lockdown I realized a need to change our lifestyle,  
Avoid playing with nature else continue with sad plight.

Best part is happiness that I searched all these years and months,  
Mother Nature gives free everyday in abundance

Standing in the balcony listening to sweet song of Koyal,  
Felt Lockdown is a blessing with a life lived as Royal.

**Bio:**

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