

*LAST RESORT AND OTHER POEM*

**Dr Simmi Gurwara**

You are my last resort, I always believe

When I am filled with cares inside.

I realize that your fleshless arms

Will prop against my falling frame.

My unseen friend! I can imagine

Your sympathetic looks

As your absence carts me into my inner world

To help me wrestle with the ghoulish reality

Of your always iffy and unannounced arrival.

As I close my eyes, I see

You standing close by watching me wither

Slowly from inside out.

You hold my shrunken shell

In your icy cold hands

And caress my inconsolable breath

Struggling to break free of all worldly woes

And achieve the oneness with eternity.

***WHAT IF...***

If you dare speak your mind

Your heart will be restful

Others will be ignited,

Vexed and vitriolic,

Taking offence at your audacity

And the hurt that you caused

To their bloated impression

Of their antiquity

In the most modernly manner.

You will run for cover

Chased by the ferocious hounds

Who are unwilling to compromise

And spare you an independent thought.

This commotion is demanding

Of your sanity and sensitivity

At all layers of understanding

Like all pervasive pollutants

That restricts your breath

Sending you in a tizzy

Making your life less

With every possible wise.

**Bio**

**Dr Simmi Gurwara** is Professor in the department of Applied Sciences at ABESIT Ghaziabad. She has penned academic books, research papers, articles, short stories and poems that have been published in reputed national and international journals, magazines and newspapers. Creative writing has been her forte.

She has extensive media related experience to her credit. She is the script writer and commentator of 4 documentary films commissioned by Films Division (Govt. of India). She is the concept writer of a Hindi feature film “Coffee House” that was screened at prestigious Cannes Films Festival in France in May 2009 and also at the Film Festivals held at Mumbai, Chennai, Goa, Dubai and Iceland. She has worked as translator and dialogue writer of bilingual documentary and crossover films.